



TK & Kindergarten Learning Menu #1

Complete one activity per day from the choices listed below.

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| <p>Draw and describe what the weather looks and feels like for several days in a row (e.g., sunny, cloudy, windy, rainy, snowy, stormy)</p> | <p>Find a toy with wheels. What are some ways that you can make the toy move faster? What are some ways to slow it down?</p> | <p>Draw a picture of your favorite animal. Describe where it lives and what it eats.</p> | <p>What can teeth do? Make a list of all the things that teeth can do. See how you can name!</p> |
| <p>Throw a ball. What happens to the ball when you throw it harder?</p> | <p>List 5 foods that come from plants. List 5 foods that come from animals.</p> | <p>Cut out pictures from magazines to make pattern collages by color, shape, size, etc.</p> | <p>Count and record how many stars you can see out a window every night.</p> |
| <p>Get a flashlight or lamp and a small object or toy. Play with the flashlight to see how you can make the shadow longer or shorter.</p> | <p>Find two toys with wheels (cars or trains). Crash them into each other. What do you notice? What are some questions that you have?</p> | <p>Go outside and see how many animals you can find. Don't forget to look under rocks and in plants!</p> | <p>Take a virtual field trip to the Monterey Bay Aquarium. https://www.montereybayaquarium.org/animals/live-cams</p> |
| <p>Sensory scavenger hunts. Find 6 objects that have a similar property: are X color, are X shape, have a smell, are hard, soft, etc.</p> | <p>Look up into the sky. Where is the sun? Does it stay in the same place all day? Where do you think it will appear tomorrow?</p> | <p>What makes a fish a fish? Use materials at home (play-doh, paper, cardboard) to create your own model of a fish, including as many parts as you can.</p> | <p>What happens when something moves downhill? Uphill? Make a ramp and test out your ideas.</p> |



TK & Kindergarten Learning Menu #2

Complete one activity per day from the choices listed below.

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| <p>Plants need sunlight and water. Identify places in your house that would be good for a plant to grow. Tell someone why.</p> | <p>Insects have 3 pairs of legs, a body divided into three regions (head, thorax, and abdomen), one pair of antennae and, usually, wings. Draw a picture of a real or imaginary insect.</p> | <p>Are all plants the same? Take a walk in your neighborhood and describe what is similar and different about the plants you see.</p> | <p>Get a leaf from a plant. Put a piece of paper over it and rub the surface of the paper with a crayon. What do you notice about the leaf print?</p> |
| <p>Track shadow patterns in a room by making string outlines on the floor.</p> | <p>Go outside. List 5 things that appear to move <i>slowly</i>.</p> | <p>Go outside. Touch different surfaces (sidewalk, road, grass, rocks, dirt). Describe what is similar and what is different.</p> | <p>Draw a picture of your favorite meal.</p> |
| <p>Play catch with someone. What do you feel when you catch the ball? Why?</p> | <p>Find an interesting object and observe it carefully. Can you describe it so well that someone can figure out what it is, even if they don't see it?</p> | <p>List 5 living things. List 5 nonliving things.</p> | <p>Kick a soccer ball. How a harder kick makes the ball go farther? Experiment with letting it roll on different surfaces.</p> |
| <p>Draw what the moon looks like every night to identify patterns</p> | <p>Imagine the perfect playground that doesn't get hot. Draw a picture of it and describe how it stays cool.</p> | <p>Go outside. Stand in the shade. Then, stand in a sunny area. What do you notice? Why do you think it happens?</p> | <p>Work with your family to sort items in the trash and/or recycling into categories based upon their properties. Are they made from metal, plastic, wood?</p> |