

# Kindergarten High Frequency Words

First 30

I	have	go	what	like	with
we	is	are	has	to	my
the	and	you	in	for	at
a	she	this	it	said	of
see	he	do	on	was	they

Grizzly BEAR

can	look	one	that	his
play	me	big	be	had
little	where	small	am	as
here	down	come	no	

To earn the Polar BEAR Award, students must earn at least 25 of the Polar BEAR—K words, and more than 50 total from of both lists below

Polar BEAR – K

up	two	did	into	brown	ate
not	run	so	good	eat	say
blue	find	get	want	who	under
red	three	will	too	new	please
jump	funny	yes	pretty	must	
away	but	went	four	black	
help	all	now	saw	white	
make	there	came	well	soon	
yellow	out	ride	ran	our	

Polar BEAR – I

him	were	from	every	going	round
her	them	any	old	walk	give
some	ask	how	by	again	once
then	an	know	after	may	open
could	over	put	think	stop	live
when	just	take	let	fly	thank